





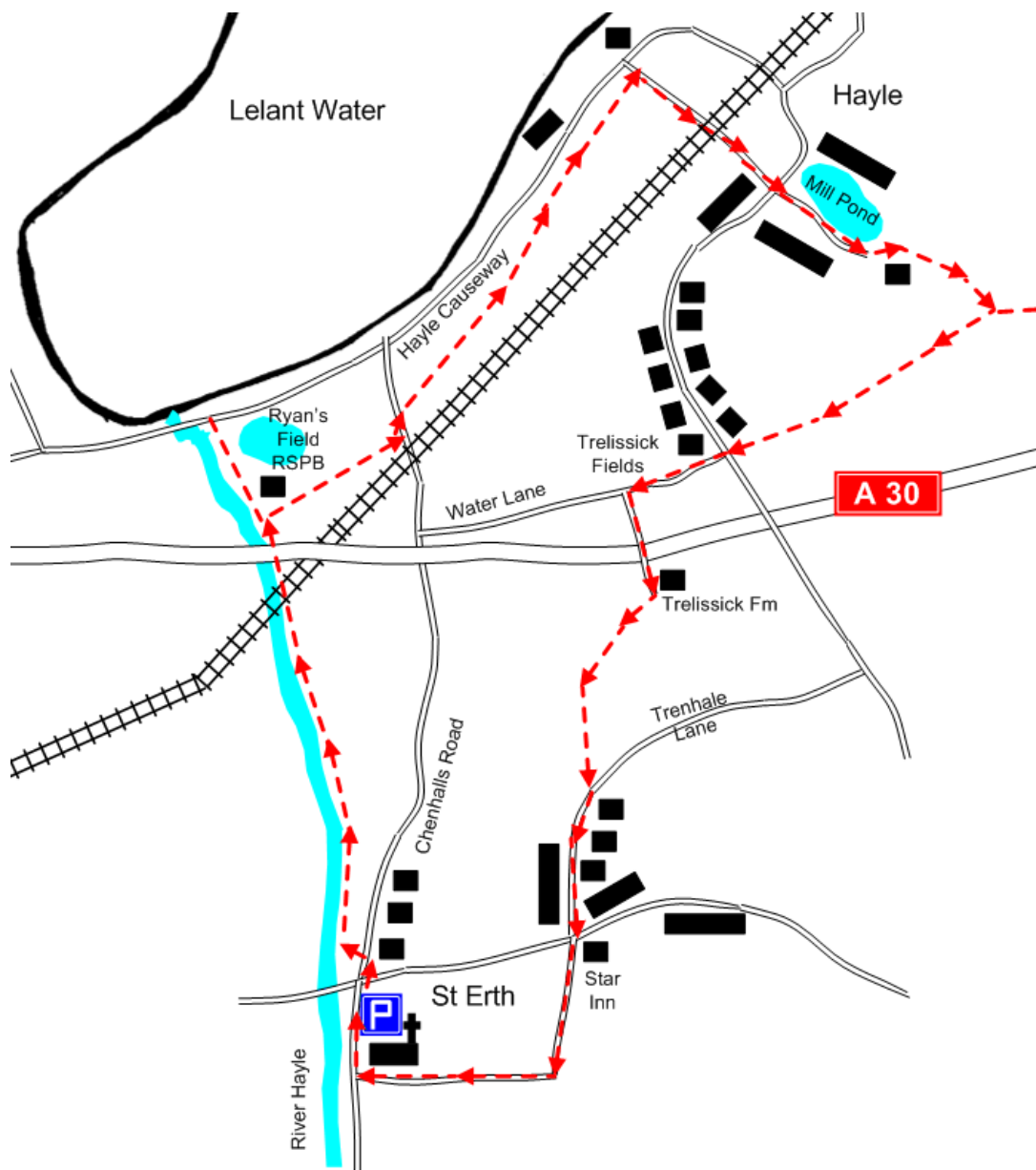




St Erth and Hayle Foundry

	Length	4 Miles
	Time Required	2 Hrs
	Difficulty	Easy. No steep climbs
	Refreshments/Toilets	Shop and Pubs in St Erth and in Foundry Square, Hayle
	Car Parking	By the Church at St Erth (549350)
	OS Map	Explorer Map 102 - Lands End



Park in front of the church hall, by the church adjacent to the bridge over the River Hayle at St Erth. From the car park turn away from the church and cross the road, go across the rough car park opposite the Methodist Church in the far right corner follow the path to the river and continue along the riverside path to the RSPB Sanctuary at Ryan's Field.



St Erth and Hayle Foundry (2)

After passing under the road bridge at Ryans Field RSPB reserve, turn right and go past the hide, continue along the unmade track to the road by the railway bridge.

On the road, turn left along the path and after a few yards, cross the road onto the cycle track opposite and then follow the tarmac cycle track around the plantation into Hayle.

The track passes the Crimean Mortar at the plantation and then emerges onto Foundry Lane near the railway viaduct.



Footpath by the River Hayle

Turn right into Foundry Lane and under the viaduct, past the Harvey's old foundry buildings and onto Foundry Hill by the Millpond. Cross Foundry Hill and go down Millpond Avenue keeping the Millpond on your left.

At the top of Millpond Avenue follow then road round to the left and then at head of the Millpond, go down the lane which leads up between the houses on your right and the stream on your left. The lane shortly narrows into a grassy path and leads up to a stile over a wall. Go over the wall, avoiding the path to the left, and turn right making your way up the side of the field to the road.

Cross over the road into Water Lane and follow the road passing Ash Lane and Trelisick Fields on the right. Opposite Trelisick Fields turn up the lane on the left and cross the bridge over the A30.

Just over the bridge, turn right through the step-through-stile and follow the path around the side of the old farm and onto the lane. Continue down the lane to its junction with another lane and then turn right. After a few metres turn left through a stile into a field and follow the edge of the field around into a dip. At the bottom of the dip the path has a step-through-stile and then rises up and across the next field and through another stile onto the lane.

Turn right on the lane and go past the school. At the junction by the Star Inn, cross over and go down then hill by the pub. Follow the lane down to the junction and then turn right passing the church with its grotesque gargoyles and returning to your starting point.